













Organizer: Fighting Arena Ostrava, z.s.

GENERAL INFORMATION

Date: 25th October – 27th October 2024

Place: <u>Atletická hala Ostrava</u>, Ruská 3077/135, Ostrava

Organizer: Fighting Arena Ostrava, z.s., https://www.fightingarena.cz/

Český svaz taekwon-do ITF, z.s., https://www.taekwondo.cz/

The competition is under the auspices of the Czech Taekwon-do ITF and

major of Ostrava city Mgr. Mgr. Dohnal

The competition is open to any taekwondo federation

Contact info: Ing. Kamil Šamal (II. Dan), tel.: +420 774 745 306, email:

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email: kamil.samal@gmail.com

General manager: Ing. Kamil Šamal

Head referee: Ing. Karol Molnár (VI. Dan), +421948084878, email: molco@molco.sk

Registration: online: https://portal.taekwondo.cz/external/register/till tuesday 22. 10.

2024, 22:00

Starting fee: 30 Euros includes general supporting disciplines

Registration: The participation of registered competitor will take place before the start of

the competition - Friday 25. 10. 2024 from 17:00 - 22:00. and on Saturday 26.

10. 2024 from 19:00 - 22:00

The winner of a senior male and female matsogi will get 10 € reward for each defeated rival of his or her category.





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TIME SCHEDULE

Friday, 25. 10. 2024 17:00 – 22:00 registration, weighting Saturday, 26. 10. 2024 8:00 entrance to the hall referees meeting

8:45 coach meeting

9:30 opening ceremony of Moravia Open

(the competition of seniors, youth, childrens and mini

will be finished on Saturday)

19:00 – 22:00 registration, weighting of the juniors

22:00 expected end of the 1st day of competition

(the end of the competition is approximate)

Sunday, 27. 10. 2024 8:00 entrance to the hall

8:15 referees meeting 8:45 coach meeting

9:30 continue of the competition

(the competition of juniors will be finished on

Sunday)

18:00 expected end of the competition

(the end of the competition is approximate)

PROPOSITIONS

I. Division: individuals, teams (only matsogi)

II. Category: mini male and female— birth 2018 and older

childrens male and female – birth 2017, 16 younger youth male and female – birth 2015, 14 older youth male and female – birth 2013, 12, 11 younger junior male and female – birth 2010, 09

older junior male and female - birth 2008, 07, 06 (competitors born in 2006

and are 18 y.o. can choose older youth category or senior category)

senior male and female - birth 2005 and older

III. Disciplines and categories: Contest - mini, childrens, younger and older youth, junior and senior

in 3 individual disciplines (tul, matsogi, t-ki) and team matsogi or

supporting disciplines. Seniors also have wiryok.

<u>IV. Dress code:</u> For all disciplines will be athlete entirely dressed in dobok, excepted

athletes with 10. kup mini and childrens. In this case they will either

wear a dobok or trousers and a t-shirt.





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TECHNICAL PATTERN – DIVISION INDIVIDUALS

Category: mini male and female: 8. kup and higher

childrens male and female: 8. + 7., 6. kup and higher

younger youth male and female: 8. + 7., 6. + 5., 4. kup and higher older youth male and female: 8. + 7., 6. + 5., 4. + 3., 2. kup and higher

younger junior male and female: 8. + 7., 6. + 5., 4. + 3., 2. + 1. kup, I. dan and higher older junior male and female: 8. + 7., 6. + 5., 4. + 3., 2. + 1. kup, I., II. dan and higher senior male and female: 8. + 7., 6. + 5., 4. + 3., 2. + 1. kup, I., III. Dan and higher

Elimination: 1 compulsory pattern according to the technical degree of the competitor

Final: 1 optional pattern according to the technical degree of the athlete + pattern for next

exam and 1 compulsory pattern according to the technical degree of the athlete

Supporting discipline – technical pattern 10. and 9. kup

Category: mini male and female: 10. + 9. kup

childrens male and female: 10. + 9. kup younger youth male and female: 10. + 9. kup older youth male and female: 10. + 9. kup

Elimination and final: childrens and older do only saju jirugi. Mini has 1 invented pattern lasting no more than 1 minute. (the referee will stop performance after a minute, even if they still perform. Athlete will not be penalized for that.)

MATSOGI – DIVISION INDIVIDUALS

Poinfighting (under 4. Kup) – we will use system of play off

Weight categories:

Chlapci a dívky (7-9 let)	-21, -30, +30 kg
Younger cadets male (10-12)	-28, -32, -37, -42, -47, +47 kg
Younger cadets female (10-12)	-28, -32, -37, -42, -47, +47 kg
Older cadets male (13-15)	-42, -47, -52, -57, -63, -69, +69 kg
Older cadets female (13-15)	-42, -46, -50, -55, -60, -65, +65 kg
Juniors male (16-18)	-57, -63, -69, -74, -79, -84, -89, -94, +94 kg
Juniors female (16-18)	-50, -55, -60, -65, -70, +70 kg
Adult male (18+)	-57, -63, -69, -74, -79, -84, -89, -94, +94 kg
Adult female (18+)	-50, -55, -60, -65, -70, +70 kg





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Matsogi (from 4. kup) - all matsogi categories contain a system of groups.

Weight categories: younger youth male and female: -25, -30, -35, -40, + 40 kg

older youth male: -35, -40, -45, -50, -55, -60, +60 kg
older youth female: -30, -35, -40, -45, -50, -55, +55 kg
younger juniors male: -45, -50, -55, -60, -65, -70, +70 kg
younger juniors female: -40, -45, -50, -55, -60, -65, +65 kg
older juniors male: -45, -51, -57, -63, -69, -75, +75 kg
older juniors female: -40, -46, -52, -58, -64, -70, +70 kg
seniors male: -52, -58, -64, -71, -78, -85, -92, +92 kg

seniors female: -47, -52, -57, -62, -67, -72, -77, +77 kg

younger youth male and female: matsogi (4. kup and higher)

Elimination and final: match 2 x 1 min

Older youth male and female: matsogi (4. kup and higher)

Elimination and final: match 2 x 1 min

Juniors and seniors categories: matsogi (4. kup and higher)

Elimination and final: match 2 x 2 min

Pause is only 30 seconds.

Teams 5+1: matsogi older youth male and female, younger juniors male and female, older jnuiors male and female, seniors male and female – each match 2 minutes

Protectors: hands, feet, helmet, suspensor and teeth protector, chest protector (female - junior and senior)

General supporting discipline - softkick - 10.-5. Kup and all of mini and childrens

The all matsogi categories contain a system of revision (the fighter is situated into the revision brackets after the first loss and still fights for the medal). If there are only 3 fighters in the category, they fight each other.

Categories for 10. - 5. Kup and all of mini and childrens

Mini male and female: -120, +120 cm - SOFTKICK childrens male and female: -130, + 130 cm - SOFTKICK

younger youth male and female: -140, -150, +150 cm-SOFTKICK





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SOFTKICK is like a fight for the first technic. Athlete fights with a foam noodle of about 60 cm in length. All body counts, excluded hands, which can be used as a protector. Head -2 points. The rest of the body -1 point. Athletes are obligated to wear a helmet.

Mini: softkick (60cm)

Elimination and final: match 1 x 1 min

Childrens male and female: softkick (60cm)
Elimination and final: match 1 x 1 min

younger youth male and female: softkick (10. - 5. kup)

Elimination: match 1 x 1 min Final: match 2 x 1 min

TUKGI – DIVISION INDIVIDUALS

Younger youth male and female, older youth male and female, younger juniors male and female, older juniors male and female, seniors male, seniors female - all the categories from 4. kup. Dolmyo and Bandae can be performed only by competitors with 2. kup and higher.

	Nopi	Dollyo	Dolmyo	Bandae	Nomo
younger youth male	180	175	-	-	115/50
younger youth female	170	165	-	-	110/50
older youth male	215	210		-	130/70
older youth female	205	200		-	115/70
younger juniors male	230	220	210	210	170/70
younger juniors female	210	205	180	180	130/70
older juniors male	260	235	230	230	250/70
older juniors female	220	210	200	200	150/70
seniors male	270	245	235	235	250/70
seniors female	230	220	210	210	150/70





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General supporting discipline - Tukgi

Younger youth male and female, older youth male and female, younger juniors male and female, older juniors male and female, seniors male and female up to 5. kup

Compete only with: NOPI CHAGI. Individuals stand in a row and one by one kick. If they manage to kick the target, they will join the end of the row and wait for another, higher attempt. If they do not manage to kick the target they have immediately the second try. It they do not manage again they are eliminated.

Mini and childrens

The MINI and childrens age category will compete in the amount of kicks to the target within 10 seconds! It is not a technical kick but a number of instep touches to the target. Both legs – first right and then left. The target will be situated in the height of athlete's waist with target parallelly to the ground. The foot must touch the ground after kicking the target. The number of repetition of both legs will be summed together.

POWER BREAKING – DIVISION INDIVIDUALS

Only senior male and femaile from 4. kup. Dolmyo, Palkup and Bandae can be performed only by competitors with 2. kup and higher.

ALEXANDER AND AND ADDRESS AND	Ap joomuk	Sonkal	Yop	Dollyo	Bandae
seniors male	2	2	4	3	3

	Sonkal	Palkup	Yop	Dollyo	Dolmyo
seniors female	1	2	3	2	2





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REMAINING

Protest: Only coach is allowed to protest against the judgement of the referee but only

in written form and 5 minutes since the match ended together with 500 CZK

handed to the head referee.

Referee: There is no charge for clubs without referees. Those clubs who participate at

the contest and ensure at least 1 referee will get a starting fee discount 5€ per contestant. (That is, if your team counts 11 competitors you will need 2 referees to get the discount.) The diet and the accommodation is covered by

organizer for all referees.

Number of competitors: The number of competitors nominated by the club is **not limited**. Reward for

the coach for every 20 competitors 100 euro.

Remaining: Every competitor competes at his own risk. Every competitor is obliged to

sign revers. The organizer reserves the right to merge the categories, if

necessary for a fluent flow of the competition.

Meal: U can order meal in systém, where u can find our menu. Everything is in sport

hall. Price for 1 lunch (Saturday or/and Sunday) is 6 Euros. Price for 1 dinner (Friday or/and Saturday) is 6 Euros. If u order any meal is not allowed to cancel it and u must pay 100% of your order. Every meal must be paid by card

or by czech cash (150 Kč).

Accommodation: We have a lot of hotels in Ostrava. You can choose from various quality and

price. We advise you following:

https://www.qualityhotelostravacity.com/en/

https://www.imperialhotelostrava.com/en/

http://www.lc-hotel.cz/index.php/en/

https://www.clarioncongresshotelostrava.com/en/

If you will have any problem with accomodation, please contact us.

Looking forward to seeing you,

Kamil Šamal, organizer





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REVERS

Place: Atletická hala Ostrava, Ruská 3077/135, Ostrava

Date: 25. - 27. 10. 2024

Name and surname:

Date of born:

I, below signed declare that I participate at the mentioned competition at my own risk.

I declare that I am physically and mentally fit to participate at the competition and in case of any injury I will not require any financial or other compensation on the Fighting arena Ostrava, z. s.. I also declare that I have read the revers carefully and signed it according to my free will. As an evidence of my agreement with the whole content of the reverse I attach my signature.

The revers of competitors, who are not yet 18 years old, will be signed by their legal representative.

Date	Competitor's signature / le	gal representative
Date	competitor sugnature / ic	Sai i chi cociitati c



